# **Work History**

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***University of New Hampshire****,* Durham, NH. Adjunct Faculty. 2015-2017

\*Originally designed 90 hour permaculture design certificate course, curriculum development, lesson planning, teaching weekly classes, planning and leading field trips, reviewing & grading homework, finding and facilitating guest lecturers, certifying students with a Permaculture Design Certificate. (UNH did not previously offer a permaculture course prior to my introduction of it)

***Meadows Mirth****,* Stratham, NH. Farm Manager. 2016 – 2017

\*All aspects of organic vegetable production on 10 acres including but not limited to; planning, seeding, transplanting, harvesting, maintenance, cover cropping, washing & packaging produce for wholesale, delivery to wholesale accounts. Adhering to CCOF guidelines. Organizing & facilitating volunteers for NH food bank gleaning projects. Set up and break down of market booth as well as sales and customer service at year round markets. Pruning fruit trees and shrubs. Keeping records of daily work and harvests. Managing social media accounts. Creating promotional marketing content.

***Fruition Flowers****,* Newmarket, NH. Floral Designer & Farm Assistant. 2016 – 2017

\*Responsibilities included; foraging wild plants, harvesting cultivated flowers and berries, planting, weeding and maintenance of floral and fruit production, designing and creating unique floral bouquets, displays, crowns and boutonnieres, delivery and installation of flowers and floral displays for weddings and events.

***University of New Hampshire Organic Research Dairy Farm****,* Lee, NH. Farm Assistant. 2016 –2016

\*Responsibilities included; handling and feeding calves and heifers, milking 50+ cow herd 2x/day, adhering to CCOF guidelines, assisting in birthing of calves, training heifers to milk, set up & break down of milk parlor, stall & barn cleaning, rotating cows between pastures and barns using tractors to move hay, grain, and woodchips, adhering to guidelines of ongoing research studies.

***Blue Moon Evolution****,* Exeter, NH. Garden Manager, FOH Manager, Bartender & Server 2010 –2017

\*Garden responsibilities include: original permaculture design for one acre intensive, no till garden, planning crop rotation during the season and upcoming seasons, researching and selecting plant varieties, sheet mulching, mapping expected harvest dates for chefs, communicating daily with chefs about harvest deliveries, keeping records of harvest quantities, researching and application of natural & organic pest control methods, managing staff/volunteers, scheduling garden staff, planning and leading garden tours and workshops.

\*Restaurant responsibilities include: Managing front-of-house staff, managing staff for educational and private events, training new staff in all aspects of the restaurant, bartending/ serving/ bussing/ running/ hosting/ expediting, cocktail menu creation, scheduling front-of-house staff, marketing and managing social media accounts, data entry, cataloging inventory & barter partnerships, ordering from farms, cooperatives & purveyors, planning and working private events, planning & working educational classes/events/lectures, basic prep/baking/cooking.

***Mr. Fox Compost****, Dover, NH. Customer Service & Event Coordinator.* 2013

\*Training and facilitating event staff and volunteers on proper composting and waste sorting. Assisting market-goers in trash/compost/recycle sorting, articulating & explaining benefits of composting to public and potential clients, responding to customer emails, marketing with social media, data entry, and providing exceptional customer service.

# **Education**

***Associates Degree in Integrated Agriculture.*** University of New Hampshire***.*** Durham, NH. 2017

***\****Two year program with courses including; soil & plant nutrition, soils & land use, dendrology, plant structure & function, livestock management, grant writing, introduction to business, forage and grassland management, agroecology, forest mapping, GIS, large animal handling & behavior, plant propagation, fruit & vegetable production, sustainable irrigation & rain harvest and more.

***Permaculture Teacher Training***. D’ACRES Permaculture Farm & Educational Homestead Dorchester, NH. Permaculture Teacher Training. 2014.

***\****Seven day immersion course focused on framework for teaching, classroom fundamentals, strategies and precautions, curriculum design methods, classroom enrichment ideas, group facilitations and more. Instructors included, Lauren Chase-Rowell, Steve Whitman, Josh Trought.

***Advanced Urban Permaculture Design Course.*** Resilience Planning & UNH Cooperative Extension. Franklin, NH. 2013.

***\****Seven day design charrette that blended permaculture methods with local history to produce a conceptual design that encourage revitalization for a declining mill city. Focus was on low energy solutions, repurposed materials, and multifunctional use of old mill buildings, specific site analysis to create regenerative solutions for storm water, habitat loss, urban biodiversity, and community gathering spaces. Instructors included, Steve Whitman, Lauren Chase-Rowell

***Organic and Holistic Gardening Course*.** Misty Meadows Herbal Center. Lee, NH. 2013

\*32 Hour course with topics including soil health, building compost, mulching, seed and plant selection, weeding, pruning, watering, crop rotation, companion planting, and astrological and lunar gardening. Instructors included Helen Leavitt & Wendy Snow Fogg

***Permaculture Design Course.*** Chop Wood Carry Water Permaculture at Dalton’s Pasture. Nottingham, NH. 2012-2013

***\****80 Hour course focused on history, ethics, principles and applications of permaculture in rural and urban environments, culminating in a final design project. Instructors included Lauren Chase-Rowell and Jo Russavage

***Natural Resource Stewardship Program***. UNH Cooperative Extension &Great Bay Community College. Portsmouth, NH. 2012.

***\****85 hour course focused on NH’s wildlife & habitats, ecosystems, watersheds, soil & water resources, land conservation and protection, invasive species ID and management, ecological landscaping, energy efficiency and conservation, local government and organizations and ID, evaluation, planting and care of trees through hand on learning, guest speakers, field work, and in class lectures and presentations. Instructors included Mary Tebo-Davis and Lauren Chase-Rowell

***Beginner Beekeeper School.*** Pawtuckaway Beekeepers Association. Candia, NH. 2010.

***\****25 hour course with topics including; life cycle of the honey bee, hive building and assembly, a maitenance and care of a colony, tools and equipment, harvesting and processing honey.

***Oyster River High School.*** Durham, NH. 2007

\*General Studies

# **Volunteer Experience**

***New Hampshire Permaculture Day,*** 2014-2016

\*Co-founding annual conference, planning and facilitating annual conference at rotating locations throughout the state, planning and executing local & organic lunch for 300+ attendees, marketing & advertising, gathering materials & building infrastructure for conference, presenting at conference.

***Natural Resource Stewards Program***, UNH Cooperative Extension at NH Fish and Game, Urban Forestry Center & Great Bay Community College : 2013-2015

\*Teaching topics such as tree and plant identification and management, watersheds and wildlife habitat, ecological landscaping, sustainable living and Permaculture. Assisting in curriculum planning, reviewing and grading homework, leading group activities, data entry, marketing.

***Northeast Organic Farm Association-NH Permaculture Committee***: Audobon Society, Concord, NH : 2013

\*Planning permaculture based workshops for annual winter conference and through out year.

***Maintenance & Workshop planning***: Newmarket Community Garden, Newmarket, NH: 2012-2015

\*Maintaining pathways and perimeters, set up & maintenance of bee hive, set up of garden in spring, break down of garden in fall, teaching workshops.

***Teaching Workshops on Beekeeping, Organic Gardening, Humanure, Composting, Herbal Remedies, Wild Food & Permaculture***: Conferences, schools & clubs: 2011-present

\*Presenter/ guest lecturer at Spiritweavers gathering, NOFA-NH Winter Conference, NH Herb & Garden Day, NH Permaculture Day, Dondero school, GALA, grange halls, seacoast garden clubs & community gardens, Dover Adult Learning Center, Food and Health Forum, Dig In program.

***General Volunteer***: Northeast Organic Farm Association-NH Conference: 2009, 2013, 2014

\*Breakfast/lunch set up, potluck coordinator, registration, session moderator.

***UNH Organic Garden***: Durham, NH: Summers 2009 & 2010

\*Seeding, planting, weeding, harvesting, delivery of produce to food pantry.

# **Additional Projects**

***Historical Celia Thaxter Garden***

\* www.youtube.com/watch?v=y\_3L6DmThps

***Original Permaculture Design & Installation***

\* Home gardens, school gardens, urban areas & community gardens